

# ABSTRACT OF THE DISCLOSURE

A recording method of a multilayer recording medium includes a first initializing step of initializing a lower recording layer based on a first initializing condition and a second initializing step of initializing an upper recording layer on the basis of a second initializing condition different from the first initializing condition. The second initializing condition is determined so that a transmittance of the recording layer after execution of the second initializing step is approximately equal to a transmittance of the recording layer after a predetermined data signal is recorded on an upper recording layer.